



Sara Marie Spary

920465171

Director Information

Title	Ms	Honours	
Name	Sara Marie Spary	Number	920465171
Postcode	TR2 4PB	Address	Nansough Farm Valley Of The Springs Ladcock Cornwall England
Date of birth	January 1969	Nationality	British
Total current directorships	1		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
SPECTRA HEALTH AND WELLBEING LIMITED	09977264	Active - Accounts Filed	29/01/2016		Director

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
ZONE FITNESS DIARIES LIMITED	10683889	Active - Accounts Filed	22/03/2017	18/01/2020	Director
ZONE TRANSFORMATIONS LIMITED	10328821	Active - Accounts Filed	15/08/2016	08/11/2021	Director
VIP FITNESS PLYMOUTH LIMITED	09903688	Active - Accounts Filed	23/03/2016	08/11/2021	Director
VIP FITNESS TRURO LIMITED	09904197	Active - Accounts Filed	23/03/2016	08/11/2021	Director