



Verdun John William Instone

911992462

Director Information

Title	Mr	Honours	
Name	Verdun John William Instone	Number	911992462
Postcode	NP11 7EF	Address	41 Caradoc Street Cwmcarn Cross Keys Gwent
Date of birth	February 1964	Nationality	British
Total current directorships	2		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
ARK (WALES) LIMITED	06117316	Active - Accounts Filed	20/02/2007		Director
ARK (WALES) LIMITED	06117316	Active - Accounts Filed	20/02/2007		Company Secretary

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
RVS TRANSPORT REFRIGERATION LIMITED	05616004	Company is dissolved	08/11/2005	31/03/2007	Director
OLD RVS TRANSPORT REFRIGERATION LIMITED	03875643	Company is dissolved	01/01/2000	31/03/2007	Director
STERLINGS PROPERTIES (CARDIFF) LTD	03093492	Company is dissolved	17/08/1999		Director
R V S MANAGEMENT SERVICES LTD	03093490	Company is dissolved	17/08/1999		Director
STERLINGS-D.F.C.LIMITED	00380143	Company is dissolved	01/05/1999	31/03/2007	Director