



Alan John Begg

908700663

## Director Information

|                                    |                |                    |                                |
|------------------------------------|----------------|--------------------|--------------------------------|
| <b>Title</b>                       | Mr             | <b>Honours</b>     |                                |
| <b>Name</b>                        | Alan John Begg | <b>Number</b>      | 908700663                      |
| <b>Postcode</b>                    | SE6 4XU        | <b>Address</b>     | 15 Ravensbourne Park<br>London |
| <b>Date of birth</b>               | November 1948  | <b>Nationality</b> | British                        |
| <b>Total current directorships</b> | 0              |                    |                                |

### List of Current Directorships

| Company Name | Number | Company Status | App. Date | Res. Date | Position |
|--------------|--------|----------------|-----------|-----------|----------|
| N/A*         |        |                |           |           |          |

### List of Previous Directorships

| Company Name  | Number   | Company Status          | App. Date  | Res. Date  | Position          |
|---|----------|-------------------------|------------|------------|-------------------|
| COMPASS-SERVICES TO IMPROVE HEALTH AND WELLBEING      | 02054594 | Active - Accounts Filed | 26/09/2014 | 24/09/2020 | Director          |
| ENGLISH LACROSSE ASSOCIATION LIMITED                  | 03476816 | Active - Accounts Filed | 11/09/2014 | 26/05/2015 | Director          |
| QMSU SERVICES LIMITED                                 | 06677304 | Active - Accounts Filed | 01/08/2014 | 10/09/2018 | Director          |
| OPEN DOOR, YOUNG PEOPLE'S CONSULTATION SERVICE        | 02270443 | Active - Accounts Filed | 21/09/2006 | 19/09/2007 | Director          |
| INSTANT MUSCLE ENTERPRISE LIMITED                     | 05106170 | Company is dissolved    | 20/04/2004 | 31/12/2005 | Company Secretary |
| INSTANT MUSCLE TECHNOLOGY LIMITED                     | 04262145 | Company is dissolved    | 05/01/2004 | 31/12/2005 | Director          |
| INSTANT MUSCLE TECHNOLOGY LIMITED                     | 04262145 | Company is dissolved    | 17/02/2003 | 31/12/2005 | Company Secretary |
| INSTANT MUSCLE PROJECTS LIMITED                       | 03086023 | Company is dissolved    | 17/02/2003 | 31/12/2005 | Company Secretary |
| INSTANT MUSCLE LIMITED                                | 01789716 | Company is dissolved    | 02/01/2003 | 31/12/2005 | Company Secretary |
| MASONIC CARE LIMITED                                  | 03656752 | Non-Trading             | 06/02/2002 | 27/06/2002 | Company Secretary |
| RMBI TRADING LIMITED                                  | 02888946 | Active - Accounts Filed | 06/02/2002 | 27/06/2002 | Company Secretary |
| THE ROYAL MASONIC BENEVOLENT INSTITUTION CARE COMPANY | 01293566 | Active - Accounts Filed | 06/02/2002 | 27/06/2002 | Company Secretary |
| RMBI PENSION TRUST LIMITED                            | 03807306 | Non-Trading             | 06/02/2002 | 27/06/2002 | Company Secretary |