



Michael Ash

905954410

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Michael Ash	<b>Number</b>	905954410
<b>Postcode</b>	BS1 6NL	<b>Address</b>	Freshford House Redcliffe Way Bristol United Kingdom
<b>Date of birth</b>	March 1961	<b>Nationality</b>	British
<b>Total current directorships</b>	2		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
INTEGRATIVE HEALTH CONSULTING LTD	04732296	Active - Accounts Filed	16/04/2003		Director
NUTRI-LINK LIMITED	03597873	Active - Accounts Filed	14/07/1998		Director

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
THE INSTITUTE FOR OPTIMUM NUTRITION	02724405	Active - Accounts Filed	02/10/1995	06/03/1999	Director