



Tsafrira Schectman-Lederman

905680542

## Director Information

<b>Title</b>	Mrs	<b>Honours</b>	
<b>Name</b>	Tsafrira Schectman-Lederman	<b>Number</b>	905680542
<b>Postcode</b>	EN4 0AE	<b>Address</b>	5 Braemore Court Cockfosters Road Barnet United Kingdom
<b>Date of birth</b>	April 1958	<b>Nationality</b>	British
<b>Total current directorships</b>	4		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
DIRRA LIMITED	11828186	Active - Accounts Filed	15/02/2019		Director
SELF CARE EDUCATION LIMITED	08503471	Active - Accounts Filed	25/04/2013		Director
LEDERMAN THERAPY LIMITED	06327243	Active - Accounts Filed	31/07/2007		Director
C.P.D.O. LIMITED	03497670	Active - Accounts Filed	22/01/1998		Company Secretary

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
EXERCISE AND SELF CARE COACH LIMITED	09048066	Company is dissolved	20/05/2014		Director
C. P. D. A. LIMITED	07514132	Company is dissolved	21/03/2012		Director
C.P.D.O. INT LIMITED	06483191	Company is dissolved	28/01/2008		Company Secretary
PAINFREEPLAN LIMITED	06425942	Company is dissolved	14/11/2007		Company Secretary